



**California Hospital School of Nursing Alumni Association**  
**PO Box 88585**  
**Los Angeles, CA 90009**

## President's Message

What do you know about the Baby Boomers, the Generation X-ers, and the Millennials? How do they affect the Nursing workplace?

When I worked, I had only heard about the Baby Boomers and what their affect would be on our retirement benefits of health care and Social Security.



(There were so many Baby Boomers, that the drain on our resources would cause us to run out of money!). But I had never considered the effects of the different generations would have on the workplace until I read an article, "Changing Workforce, Generational Divide, What's the Common Denominator?", by Kenya Beard, EdD, GNP-BC, NP-C, ACNP-BC. Let me give you some background on the generations:

Baby Boomers were born from 1946 to 1964. They have an extensive area of expertise and knowledge. Most of them would be in leadership positions or because of their expertise, they have institutional power. They place a high value on work and it may seem that they live to work. They tend to be loyal employees and respect workforce etiquette. Their norms and values can give a perception of inflexibility, this rigidity can be a difficult other generations (Millennials). The downside is that Baby Boomers are accustomed to a paper-and-pen concept of communication and view technology as a distraction. They do understand that the non-use of technology is not an option, but they may be slower to embrace it.

Generation X-ers were born between 1965 to 1981. They may have been latchkey kids and have become accustomed to autonomy. During their growth, they witnessed the layoffs of their parents or neighbors, because of this history, they perceive job

security as a myth and believe in career positions that accommodate their life style. They have a tendency to change jobs frequently and want to know what their employer will do for them now since tomorrow's job is not promised. Generation X-ers are hard workers, use technology, and want flexibility in the workplace. Multi-tasking is their strong suit.

Millennials were born between 1982 to 1999 and are also known as Generation Y-ers. They were raised by 'helicopter parents' or parents who were always on the go. They grew up with the internet and a multimedia environment. They believe that instant gratification transcends technology and is a social norm. They have a strong sense of entitlement. While other generations prefer face-to-face communication, Millennials enjoy electronic communication and the immediate response of texting, and instant messaging. While working, they are accustomed to multitasking: listening to their iPods, downloading photos on social networks, and texting. They are not afraid to challenge the status quo and have a speak-you-mind attitude. Millennials can be impatient but are hardworking; they expect to be the CEO of tomorrow. This generation is more tolerant of social issues such as race and homosexuality.

In her article, Dr Beard states that the common denominator is to improve efficiency. She feels that time management and technology will affect efficiency, so it is important to set realistic long and short term goals. The use of a timeline will help you stay on track and provides direction to reach your goals. It is clear that different generations can act as each other's resources and can learn from each other.

What is your take on the different generations? What do you see as the issues or solutions for Baby Boomers, Generation X-ers, and Millennials working together? Do you work with multiple generations? Won't you write in and tell us your perspective?

For questions regarding current addresses/Mailings, contact:

Elvy Gustafsson (CHSN Secretary) at (626) 281-4631

311 N. Almansor Street, Alhambra, CA 91801

or email at: [elvy@IBTnet.org](mailto:elvy@IBTnet.org).

Joyce (Scheffel) Jacob

Class of 1960

3204 Canal Point Road  
Hacienda Heights, CA 91745  
(626) 333-5155  
[joycejacob@aol.com](mailto:joycejacob@aol.com)

The first edition of "*Caring, Making a Difference One Story at a Time*", was collected and compiled by Terry L. Beam and Joyce A. Johnson, with Editor Karen B. Casady is sold out. The second edition can be obtained from Amazon.com. Search: "Caring, making", and it will pop up. Price is \$9.95 and shipping is free if your total order is  $\geq$  \$25.



Another book available is: "*Nurses of Los Angeles: Uncapping the Mystery*" written by Cynthia Broze, NP, MSN. This book details the history of nurses in Los Angeles from 1856 to the present. It contains more than 400 historical images and included is the history of California Hospital. On page 248 is an article about Barbara Jury and on page 249 is an article about Joyce Jacob. It is an excellent book about nurses in Los Angeles. The book is available at [www.nursesoflosangeles.com](http://www.nursesoflosangeles.com).



### Tell Us About You....

#### Your commentary on life, etc....

"Thank you so much for the wonderful 50th Homecoming for the Class of 1961. And thank you for all your efforts toward maintaining the legacy of the hospital and the School of Nursing. Enclosed is a small token toward the Alumni Fund. With sincere appreciation."

Chie Iseri

Class of 1961

1400 Sutherland St.

Los Angeles, CA 90026

\*Dated 5/2/2011\*

"Thank you for sending *The Pulse* to my mother, Pearl (Clark) Brimhall, Class of 1929. I notified your staff of her death in 2002 but continue to receive your great communication. Because I am on the Alumni Board of BYU College of Nursing, I often refer to your warm and friendly communications. I do enjoy hearing from my mother's alma mater and compliment you on keeping such fine Alumnae relations. It was actually my mother's nursing school yearbooks that first interested me in becoming an RN."

Verna B. Nelson

Received 5/2011

"Barbara Jury and I received an invitation from the California Hospital Medical Center Foundation to the Dedication of the Moore-White Medical Foundation Medical Library at CHMC on Tuesday, June 28, 2011. The library is located in the Diagnostic and Treatment Building, lower level. In the Los Angeles area, California Hospital is one of very few hospitals with a medical library. Do any of you recall what doctors were connected with the Moore-White Clinic (founded in 1919)? Here are some of the doctors' names you may recall: Dr House, Dr Tollefson, Dr St. Geme, Dr Crockett, and Dr Russell. The Moore-White Medical Foundation received a charter from the State of California in March 1947. This foundation is still very generous in their support of CHMC today. Try to visit CHMC's new Medical Library the next time you are in the area."

Save the date: October 6, 2011 at CHMC, the California Hospital Medical Center Foundation celebrates the 125th Anniversary and Legacy Celebration. More information to follow as available.

Joyce (Scheffel) Jacob

Class of 1960

3204 Canal Point Road  
Hacienda Heights, CA 91745  
(626) 333-5155

[joycejacob@aol.com](mailto:joycejacob@aol.com)

\*Submitted 6/29/2011\*

More updates from the Class of 1961:

For questions regarding the Treasury, contact:

Lucinda "Cindy" Westhafer (Treasurer) at (310) 216-1586

7050 Kittyhawk Avenue, Los Angeles, CA 90045

or: lwesthaf@ucla.edu

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"My time on 2 South was totally formative to my ability as an OR nurse. The organizational skills that I learned there are still used today! Spent 45 years in OR, retired twice. Still doing some pm in a Plastic Surgery Center.

I have a son who works for Chevron in California who has an amazing wife. They have a son who graduated from LSU Veterinary Medicine in May 2011, a daughter who attends LSU majoring in Speech Pathology, and a son who is a Junior in High School. I have a daughter in Baltimore who has a Masters in Social Work and works for Healthcare for the Homeless. I volunteer for a Free Medical Clinic."

Pat (Grant) Middleton

Class of 1961

PO Box 1205

Black Mountain, NC 28711

(828) 777-6368

"I worked in the Nursery and did some private duty nursing. Now I have a business in which we make anatomically detailed dolls for therapists to use in child abuse cases. We also make items for the Center for Non-Violent Communities. I have been married for 50 years, have 3 children (1 deceased), and 4 grandchildren. My volunteer activities include: teaching Women's Study at church, visiting an Alzheimer's Unit, and making hats for chemo-therapy patients."

Connie (Rinard) Boyd

Class of 1961

2214 Alder Way

Brandon, FL 33510

(813) 651-2533

"Continued my education, receiving a BSN, FNP, CNM, and COHN-5. My CHSN education has provided me with lifelong values: integrity, honesty, a positive work ethic, a sense of accomplishment, charity, and community along with the skills to practice nursing, giving me an identity, a mission, and the courage to continue learning

and growth in an ever-changing lifetime profession. With nursing, I've always had a job that has been flexible for family needs and been paid well.

I've been married to Ken for 50 years. We have 3 children (Kirt, Kelly, Keri) and 7 grandchildren (Ryan, Cody, Kenny, Brayden, Cameron, Sawyer, and Sidney).

I've also served as a volunteer in some health education programs."

Donna (Waller) Ankeny

Class of 1961

11434 Lakeshore South

Auburn, CA 95602

(530) 268-9271

"Continued my education through PALS at Children's Hospital of Orange County. I worked primarily in Pediatrics over the years. Retired in 2002 after 13 years with Kaiser Permanente Walnut Creek/Pleasanton, CA. I've been married for 50 years and have 3 children and 3 grandchildren."

Mary Ann (Lealy) Bradford

Class of 1961

1404 Ranch House Ct.

Oakdale, CA 95861

(209) 848-1802

"I have a BA in Political Science. I have been married to Garth K. Graham, have 1 sons and twin granddaughters (age 8). Served as Vice President of the Hershey's Mill Auxiliary to the Chester County Hospital."

Erika (Wonsch) Graham

645 Heatherton Lane

West Chester, PA 19380

(610) 918-0993

**VOLUNTEERS WANTED:** The California Hospital Auxiliary Foundation is looking for volunteers to help at California Hospital: rewarding experiences, flexible hours and days! Contact Auxiliary President Barbara Jefferson

For other questions, contact: Claudia Stiver (Director)  
620 N. Colfax St.  
La Habra, CA 90631 (562) 691-1939

on her cell (323) 401-4832.

*I want to encourage all alums to write in (email or snail mail) to let us all know what's going on with you, your opinions, your life experiences since nursing school, etc. Be sure to include a title (CHSN article?) in any emails sent as we need to verify who this came from/what its about. Remember: this column's life/info depends on you!*

— The Editor.

## Business Meeting Minutes



### **Treasurer's Report** (Lucinda Westhafer, Treasurer):

Investment account balance \$63,317.48. Checking account balance \$11,615.24, plus \$5000 in expenses, and \$700 in merchandise sales. The bill for our interviewing equipment is pending. AutoMac Parking, Inc bill of \$889.16 for Homecoming 2011 Valet parking paid. Alumni audit to be undertaken by Lucinda, Margaret, and Joyce. At the status meeting scheduled with Amy of Covington, noted that the recovering economy showed better than expected financial progress.

### **Secretary's Report** (Elvy Gustafsson, Secretary):

Minutes of February 19, 2011 reviewed and approved by the Board. Thank you notes received from Dr Arnold Kalan, Dr Kenneth Senter, Donna Russell, Marilyn Stouder, Roni Bloomfield, and Patricia Varnum.

### **NurseMADE reports** (Grace Mizuno/Claudia Stiver):

Good response (and continued needs) for donations in NICU and Peds. A friend of Kathy Gronos (Class of 1963) continues to supply items. \*Contact Grace Mizuno or Claudia Stiver for information regarding donation sizing and/or needs.

### **Archives/Conservancy of Nursing History reports**

(Diane Hara/Margaret Souza): Still pending a permanent location.

**Memoir reports** (Barbara Jury/Margaret Souza): As Bios are received, it is necessary to file these by class years for easy/future reference.

**Merchandise reports** (Barbara Jury/Grace Mizuno): The April 2011 to April 2012 Commemorative Calendars were a good sellers (still available from your Alumni Association; see the order blank enclosed in this issue)

**Scholarship & Tuition Reimbursement reports** (Barbara Jury): Bonnie Tann-Demmin (Class of 1984) is pursuing a degree - pending references. Elvy Gustafsson (Class of 1964) submitted an application for Tuition reimbursement for a recent Symposium for CEUs.

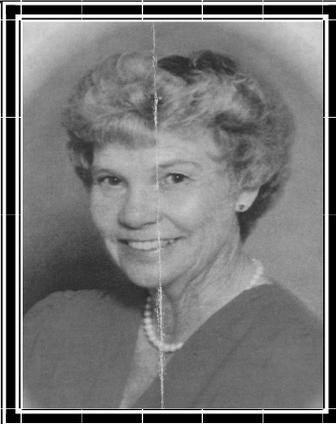
**Newsletter reports** (Mary Ann Hayase): Continuous need for newsletter submissions. Plan for potential articles regarding CHMC and CHSN historical info suggested. Many Class of 1961 Bios were received in the mail and will be featured in upcoming issues. 5 issues of *The Pulse* are planned for this year, rather than the mandated 4 issues (that number dependent on your input).

## In Memoriam



Maxine (Anderson) Schlenker Johnson was born December 2, 1925 in Fresno, CA. She graduated from South Gate High School in 1943 and attended California Hospital School of Nursing where she graduated in 1949. While a student at CHSN, one of her fellow nursing students introduced Maxine to her older brother who became the love of her life. In those days, nursing students were not allowed to be married, so soon after graduation, she became Mrs Jonathan Schlenker. Maxine wanted to complete her Bachelor's degree, and graduated in 1950 with her BSN from USC. Jon and Maxine spent most of their 41 years of marriage in La Crescenta and La Cañada raising their 3 daughters (Kathy Soden, Kerry Custer, and Kim Buckingham). She worked many years in hospitals and doctors' offices in the Glendale, CA area. After the death of Jon in 1990, Maxine moved to Upland Hills to be closer to

2 of her daughters. She continued to drive 2 days a week back to Glendale to golf and visit with her many friends from the Chevy Chase Country Club. It was there that she met and married Walter Johnson in 2005, moving back to Glendale, and later to Hillcrest



Homes (2008) where she spent the last 3 years of her life.

Maxine and her family were active members of the Pasadena Church of the Brethren. They spent much of that time as Youth Leaders and enjoyed monthly pinochle game nights with close friends.

Maxine is survived by her husband, 3 daughters, and 7 grandchildren. A memorial service was held in La Verne, CA on 5/22/2011. The family requests in lieu of flowers, donations may be made in her name to the Heifer Project at [www.heifer.org](http://www.heifer.org) or by calling 1 (888) 548-6437.

*Submitted on 5/25/2011 by*  
Mary J. Streit  
Class of 1952B  
2783 Hillcrest Drive  
La Verne, CA 91750  
(909) 593-8662

CHSNAA correspondence at Homecoming 2011 revealed 2 deaths of other CHSN alums: From Julian, CA Loretta (Fink) Ketcherside, Class of 1948, and from Torrance, CA Carolyn (Barre) Fiu, Class of 1963. If anyone has a copy of these or other obits, please send to them the Editor for inclusion in a future issue of *The Pulse*.

## Just for Fun.....

A new wine for Seniors?

California vintners in the Napa Valley area, which primarily produce Pinot Blanc, Pinot Noir, and Pinot Grigio wines, have developed a new hybrid grape that acts as an anti-diuretic. It is expected to reduce the number of trips older people have to make to the bathroom during the night. The new wine will be marketed as: Pinot More. (Heard it thru the grapevine...).

Due to the current financial situation caused by the slowdown in the economy, Congress has decided to implement a scheme to put workers of 50 years of age and above, on early, mandatory retirement, thus creating jobs and reducing unemployment. This scheme will be known as RAPE (Retire Aged People Early).

Persons selected to be RAPED can apply to Congress to be considered for the SHAFT program (Special Help After Forced Termination).

Persons who have been RAPED and SHAFTed will be reviewed under the SCREW program (System Covering Retired Early Workers).

A person may be RAPED once, SHAFTed twice and SCREWed as many times as Congress deems appropriate.

Persons who have been RAPED could get AIDS

(Additional Income for Dependents & Spouse) or HER-PES (Half Earnings for Retired Personnel Early Severance).

Obviously, persons who have AIDS or HER-PES will not be SHAFTEd or SCREWEd any further by Congress.

Persons who are not RAPEd and are staying on will receive as much SHIT (Special High Intensity Training) as possible. Congress has always prided themselves on the amount of SHIT give our citizens.

Should you feel that you do not receive enough SHIT, please bring this to the attention of your Congressman, who has been trained to give you all the SHIT you can handle.

Sincerely,

The Committee for Economic Value of Individual Lives (EVIL)

PS. Due to recent budget cuts and the rising cost of electricity, gas, and oil, as well as current market conditions, the Light at the End of the Tunnel has been turned off.

\*\*\*What about the rest of you? Can you tell us the story of your first IM? Your first NGT or Foley insertion? What about your experiences during any of your rotations? Med-Surg, Psych, Maternal Child Health, ER, ICU, OR, Public Health? I'm sure everyone has some great stories of your experiences, don't you? What about your assorted required papers or oral reports? Please write in and share your stories!—*The Editor*\*\*\*

## Fast Facts from 2011 Homecoming

115 people attended the Luncheon.

21 members of the honored Class of 1961 were present.

13 people attended the CEU class with Cynthia Broze.

We have 179 dues paid alumni, and have addresses for 670 alumni.

6 bags of Men's' and Women's clothing of various sizes were donated to the Emergency Department at California Hospital. Joyce says, "They really appreciated them and thanked the Alumni. They need a lot of donations!"

Sorry! No photos from anyone submitted from the 2011 Homecoming. Please send jpeg photos to the Editor for addition to future *Pulse* issues, at:

[uniasian@excite.com](mailto:uniasian@excite.com). Please identify your content in the subject line as "CHSNAA Photos/other

Questionnaire for the California Hospital School of Nursing Alumni Association: mail to the PO Box  
Please take your time to answer each question. Use separate pages for more space. Print clearly or type your responses; they will be recorded in the California Hospital Digital Archive & posted on the Archive's website.

Name: \_\_\_\_\_ Maiden Name: \_\_\_\_\_

Graduation Year: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Grad year: \_\_\_\_\_

E-mail: \_\_\_\_\_

**May we contact you for photographs or for an interview?    Yes    No**

1. How old were you when you first thought about becoming a nurse? When did you definitely decide to become a nurse? What influenced this decision? (For example: a parent or teacher, fictional or real figure in history, a war, etc.).
2. How would you describe your background? Your parents? Did you come from an extended family or a smaller family unit?
3. What or who were your support systems prior to coming to CHSN? Did your support systems change?
4. What schools of nursing did you consider? Why did you choose California Hospital School of Nursing?
5. What do you recall of the application process? Who interviewed you? Was it an individual or group? One interviewer or more? Where was the interview held? What was it like?
6. What are your early memories of your first classes at the School of Nursing? Who were your first teachers? First impressions? What was California Hospital like when you arrived?
7. If applicable, what do you remember about moving into the dorm? Did you have a roommate? Was she someone you already knew? What was your first encounter like?
8. If applicable, what are some of your favorite memories of dormitory life? What social events stand out in your memory? Memories of study hours? Lock out? Housemothers?
9. What are some of your favorite memories of time spent in the Library? During study hours? After class? Doing research?
10. Where were you living before you came to California Hospital? If different from Southern California, what were your first impressions of the place?
11. What was downtown Los Angeles like when you arrived? Did any major events occur when you were at California Hospital? Refer to list below for examples of historic pivot points.

1941: The bombing of Pearl Harbor

1960-1974: Vietnam War

1942: The internment of Japanese Americans

1965: 5-year Delano Grape Strike

1943: Zoot Suit Riots

1965: Watts Riots

1944: End of WWII

1968: Assassination of RFK at Ambassador Hotel

1950: Korean Conflict

1969: Manson murders

1954: Opening of Disneyland

1973: Election of Tom Bradley, LA Mayor

1957: Dodgers come to LA

1984: LA hosts the Summer Olympics

12. What are your first memories of your early clinical experiences?
13. What are your memories of your capping ceremony?
14. What were your favorite classes in nursing school? Why?
15. What did you usually wear to school? Describe it?
16. Were there nurses or other hospital staff members who had a positive influence on you? Who were they?
17. What were your favorite floors to work on? Why? Least favorite? Why? What shifts did you like best? Least? Did you work for pay?
18. Who were your favorite patients to work with? Why? Can you remember any stories that illustrate This?
19. Who were your favorite doctors? Head nurses? Supervisors? Nursing instructors? Hospital administrators? Why? Can you remember any stories that illustrate why he or she was your favorite?
20. What are your memories of your Affiliations? What are they? Positive and negative? Be sure to Include specific information.
21. What do you remember about the cafeteria? Your favorites? Night lunch? Dorm food/snacks?
22. What do you remember about your graduation ceremony?
23. What was your first job in nursing after graduation? Was it in the area of nursing that most interested you? Did you remain in this area of nursing throughout your career?
24. What other areas of nursing did you pursue? What influenced your job/career changes?
25. If applicable, what college or school did you attend prior to and during your education at CHSN? Favorite classes? How did you commute to and from classes? If you drove, what kind of car did you have? Did you have any favorite teachers?
26. Did you pursue further education after graduation from CHSN? What degrees, certifications, etc, did you earn? From what colleges, universities, educational programs, etc?
27. Did you pursue a career (careers) other than nursing? What and why?
28. Have you received any form of recognition or acknowledgment apart from your nursing career? What were they associated with?
29. Did you join the military after graduation? Which branch? What was your rank at the time of discharge? Did you travel in the course of your service? If so, where? What are a few of your most memorable experiences while in the service?
30. What is the best thing about nursing to you?
31. What is the worst thing about nursing to you?
32. Why should we remember California Hospital School of Nursing?
33. Please include any other memories, experiences, or thoughts that you wish to share.



California Hospital School of Nursing  
 Alumni Association  
 PO Box 88585  
 Los Angeles, CA 90009

**\*\*Return Service Requested\*\***



**CHSN Alumni Association: Merchandise Price List**

Merchandise	Available Sizes (circle order)	Price/one	Price/two	Subtotal
Blue Sweatshirts w Gold CHSN Logo	L XL	\$15	\$25	
Blue Sweatshirts w Gold CHSN Logo	XXL XXXL	\$17	\$28	
White Polo Shirts w Blue CHSN Logo	L XL	\$15	\$25	
Tote Bags w CHSN Logo	N/A	\$10	N/A	
Fanny Pack w CHSN Logo	N/A	\$6	N/A	
Stainless Steel Travel Mug w CHSN Logo	N/A	\$10	N/A	
Wine/Burgundy Leather Planner/Organizer w embossed CHSN Logo	4" x 7"	\$12	N/A	
Navy blue Baseball Style Cap w Gold CHSN Logo	Adjustable	\$8	N/A	
CHSNAA Memory Cookbook	N/A	\$20	N/A	
Deck of Nursing History Cards	N/A	\$5	N/A	
2011 April -2012 April Commemorative CHSNAA Calendar	N/A	\$5	N/A	
Commemorative CHSN Display Brick	Variable Appearance	\$25 on site \$40 w S/H		

Shipping & Handling \$5, not including Brick (see pricing)  
 \$\_\_\_\_\_ S/H

Total \$\_\_\_\_\_

Make checks payable to  
 CHSN Alumni Association

Please print legibly

Ship to:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip Code \_\_\_\_\_

Phone  
 (\_\_\_\_\_) \_\_\_\_\_

Pickup arrangements must be made with  
 CHSNAA Board member

**Homecoming 2012 will be Saturday, April 14, 2012. Start planning now—reserve the day!**

**Honored Class for 2012: the Class of 1962 (50 years)**

**Other honorees: to be announced**

**Submissions for The Pulse may be sent to the PO Box or emailed to the Editor. Please include a CHSN identifier(s) in the email subject line/message if any attachment(s) enclosed.**