

The Pulse

Volume 1:4 May 2006



California Hospital School of Nursing Alumni Association
PO Box 88585
Los Angeles, CA 90009

President's Message

Dear Alumni:



Each year we have more fun! Our 2006

Homecoming Reunion and Business Meeting has proven to be "the best ever" even on a rainy April day. This year our CEU presentation was "CSI: Forensic Nursing" by Sharlynn Bekkedahl (CHSN Class of 1971). What an exciting field for nursing and I know there was a lot of discussion during the presentation. Thank you, Sharlynn! We had a full Agenda and the activity level was very high for the day. The Board is very proud to have accomplished our goal by completing our Memory/Cookbook, titled, "Sweet and Savory Memories of California Hospital School of Nursing 1899-1984". What a wonderful collection of recipes from California Hospital Graduates and our memories provided a total history of the School of Nursing. Please read more about this cookbook in this issue of *The Pulse*. We were honored to have Cliff Hoffman, President of *The Foundation* at California Hospital attend our meeting. Cliff presented a short DVD about the California Hospital Medical Center, emphasizing the new Trauma Center (open for about a year), and the projected community needs based on proximity to both the Staples Center and the Convention Center, combined with planned projects of high-end condos/lofts, and retail shopping development. Who could have expected such a development in

downtown L.A.? Thank you, Cliff for the update!

And of course, we had our usual Business Meeting and Luncheon, covering the 2006-2008 Board of Directors' elections, our current Association tax status. Updates on this and other committee reports are available inside this issue of *The Pulse*. I hope that you will all continue to write to us and keep us updated on your current activities and addresses so that we just keep getting better and better!

Joyce (Scheffel) Jacob
Class of 1960
3204 Canal Point Road
Hacienda Heights, CA 91745
(626) 333-5155
joyceajacob@aol.com

Tell Us About You....

Your commentary on life, etc....



"Dear Diane,

Here are the four quilts that I hope will give comfort and uplift those in the (California Hospital Medical Center) NICU or Pediatrics.

Please let the staff know that these are also a thank you for all NICU personnel everywhere for their dedication, stamina, incredible expertise, and care for

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 311 N. Almansor Street, Alhambra, CA 91801 or email at: elvy@IBT.net.org.

their patients and their families.

Monday, February 6th, marked our granddaughter's 2nd birthday. Thanks to the University Medical Center's NICU, in Tucson, Arizona, who embraced us, cared for us, and prepared us for the future, ...we were able to take Hayley home at 7 weeks (4 lb.). She is healthy and strong today; we are truly grateful. (Hayley was born 2 lb. 13 oz., at 29 weeks. Her mom underwent an emergency C-section for eclampsia). " Our love goes with these simple quilts."

Karen (Hanson) Wilson
 Class of 1969
 39081 S. Clubhouse Drive
 Tucson, AZ 85739
Undated

"It took a while to move and put everything away in a 'new' house (with a kitchen remodeling, plus painting, carpets, unpacking, and having a bedroom totally redone/closets changed); I'm happy to be back close to old friends, in Playa del Rey. This house must be 50 years old—or more.

A stray cat has adopted me at mealtimes, and seems to sleep under the house often. I plan to fly up to Sacramento and go up to see my old friend, Betty Brooks,... if the rains stop next week. Hope all is well with the alumni, and the Class of 1950. Still miss my husband—after 53 years of marriage, though he died in 2004."

Marguerite "Pat" (Sonntag) Boster
 Class of 1950
 8215 Calabar Avenue
 Playa del Rey, CA 90293
 (310) 823-4083

Received March 31, 2006

"Dear Ms. Jacob,

I want to thank you for sending me the 'Memory Cookbook'. I have had a lot of fun looking through it. The pictures bring back a lot of memories, and I have recognized many of the faces displayed! I must admit that I am not a cook, but I am almost tempted to try some of the recipes—especially Edible Dirt! Reading the History of the Nursing School was most interesting to me, but the paragraph starting with Miss Zella Nicholas really brought back a flood of memories. Every nurse mentioned there was a longtime patient of mine! Great memories. Again, many thanks for thinking of me, and I am sorry that I could not attend your Luncheon. I know that I would have enjoyed it."

Sincerely,
 E. Kaye, MD
Received 4/2006

Homecoming

2006:

Greetings to all! For those of you who missed it, here is a recap of our 2006 Annual Homecoming.



Our CEU Class (CSI: Forensic Nursing) this year was presented by one of our own grads, Sharlynn Bekkedahl, Class of 1971. Did you know that in 1995, the ANA recognized Forensic Nursing as a new nursing specialty? Your might not have realized, but nursing is an ideal

match with Forensics due to some nursing skills: observation, assessment, interviewing skills, documentation (both written and photographic), in addition to nurses being known as “team players”. Here are some subcategories of Forensic Nursing, each with their own areas of interest: Death Investigators, who lay the foundation for all investigations, Clinical Forensic RNs (including ER RNs, almost all RNs) and can include Correctional/Psychiatric Perpetrator profiling, in addition to organ/tissue implanting, SANE or SART units (Sexual Assault Response Team) which may be outside of the ER setting and are recognized experts in evidence collection, Nurse authors (of textbooks and/or novels) including Ann Rule and Eileen Dreyer, Nurse Attorneys or Nurse Judges, and Nurse Coroners (there are 2 in California). One investigatory problem for Forensics Nursing is “Munchausen’s by Proxy”, which is a health problem in dependent person created by a caregiver/adult in order to achieve attention or recognition. Sharlynn also discussed how today’s HIPAA regulations can effect investigations, along with the general patterns of study used, and some resources for RNs interested in pursuing Forensic Nursing careers.

Meanwhile, the Champagne Reception was gearing up in Keck Hall at the California Hospital Medical Center campus. Tables were set up for viewing of our NurseMADE donation samples, and Merchandise. This year featuring our finally completed Cookbook/Memory Book, entitled “Sweet & Savory Memories of California Hospital School of Nursing 1899-1984”; sales were brisk but copies are still available for those of you who didn’t make it to Homecoming. See the included Merchandise form

for details. One caveat: please note that although the index and table of contents’ numbering systems are present, the actual page numbers did not show up on all the pages (I am afraid you’ll have to complete the numbering of them yourselves!).

The Luncheon and Business Meeting was called to order by 2004-2006 term President Joyce (Scheffel) Jacob, with an Invocation by 2005-2007 term Secretary Elvy (Lindahl) Gustafsson. The presentation of an introductory DVD about the movie “End of the Spear”, was shown and table centerpieces featured movie related bookmarks and info. “End of the Spear” began showing in the theaters on January 20. This is the continuation of a story begun long ago in the jungles of Ecuador. One of the CHSN Alumni, Marjorie Farris Saint VanDerPuy (Class of 1947) was a major part of that story. (See the accompanying article)

Current CHSNAA Board members were introduced by President Joyce Jacob; Vice President Claudia (Sherrard) Stiver, Secretary Elvy (Lindahl) Gustafsson, Treasurer Lucinda Westhafer, Board Directors Margaret (Wolfe) Souza, Barbara Jury, Grace (Kakuta) Mizuno, Diane (Harris) Hara, Mary Ann Hayase, and Patti (Prettyman) Healy. Minutes for the 2005 Homecoming Business meeting were read/approved by the membership. The Treasurer’s report was presented (see enclosed report). Reports of activities were given by the chairs of the Newsletter/Publications Committee (Mary Ann Hayase), the Merchandise Committee/Scholarships & Tuition Reimbursement Committee (Barbara Jury), the Archives Committee (Margaret Souza and Diane Hara), and NurseMADE (Diane Hara and

Grace Mizuno). A CHMC representative (Kate, NICU Supervisor) thanked the Alumni Association for the donations and spoke about the appreciation of the staff and families. The Archives Committee acknowledged the donation of a CHSN cape, from Sidel (Gelbart) Myers, Class of 1953. (We are still looking for donated cotton uniforms circa 1940's and 1950's; we suspect that many of them succumbed to "Rip Day" activities, if not time.) Archives Committee also reported the CHSNAA commitment to the establishment of a Nursing History Conservancy Archive, as part of meetings of interest with Azusa University and others. This proposed archive at Azusa University would include the creation of a department of Archival Preservation, which would help in cataloguing and maintaining any collections. CHSNAA proposes maintaining photo duplicates of any of our archival data, while transferring actual collection items over to the proposed archive for display/maintenance. A vote of confidence in this proposed plan was obtained from the attending membership.

Our planned transfer of funds to the California Community Foundation has been delayed by our need to settle our tax-exempt status with the State of California. As previously mentioned in issues of *The Pulse*, the Alumni Association has hired legal assistance to guide us thru this process. Due to California State requirements, an amendment to our Constitution is required and was presented to/approved by the attending membership. See the enclosed copy of the amended Constitution (Article II).

The candidates for the Board's 2006-2008

term were presented as follows:

Running for President, Joyce (Scheffel) Jacob, '60
 Running for Vice President, Margaret (Wolfe) Souza, '58.

Running for 3 Directors positions,

Barbara Jury, '50,

Grace (Kakuta) Mizuno, '55,

Claudia (Sherrard) Stiver, '55.

With no further nominees from the floor, the nominees were voted for/approved.

Finally, the Presentation of the Honored Classes of 1981 (25 years) and 1956 (50 years), with the playing of a Class Commemorative DVD, and dessert service. **Apologies in advance for any errors in print; I only got 1 person who wrote their bio from the honored classes. Please write and I will print any updates/corrections.—the Editor.**

Class of 1981:

"I'm currently married with 3 children: Rachel (17 years), Eric (15 years), Emily (11 years). I've worked Orthopedics for 2 years, Hemodialysis for 3 years, and home schooled my kids. I am currently employed at Palomar Community College as Student Health Nurse in the Health Services Clinic on campus and also by the Neighborhood Health Care in Escondido as RN Supervisor of the very busy community clinic. Our clinic sees a lot of the local indigent population, most with very serious conditions requiring extensive medical care. Both jobs are part-time, but together keep me busy full-time plus! I actually jobshare the community clinic position with another RN which has worked out nicely. I would like

to thank the CHSN graduates that put so much time into keeping the Alumni Association going. I (have) thoroughly enjoyed...Homecoming Day. It (has been) so interesting hearing the 50th Anniversary graduates talk about their experiences in nursing. I want to put forth more effort in attending each Homecoming celebration. Thank you all very much!"

Joyce (Hatch) Paarman
1925 South Broadway
Escondido, CA 92025

"I worked at Redlands Community Hospital's ICU and PACU in Santa Barbara for ~25 years. I am currently working as an RN Analyst of Nursing Informatics, and am teaching at Cal State LA (also Nursing Informatics). My mom became ill/died within the last year. California Hospital Nursing School set me up for life—it's a great background!"

Angelique (Angie) Weathersby
San Bernadino, CA

Regrettably, no other members of the Class of 1981 attended Homecoming, but we did receive an address update on one: Suzanne (Duffy) Cardenas, 7004 Old York Rd., McKinney, TX 75070 who is reportedly doing well and in contact with Joyce Paarman. Hopefully, any others of the class who read this will update our database of addresses and tell us what they are doing.—the Editor.

Class of 1956:

"I'm married. I worked Med-Surg, and Labor & Delivery at a 175 bed Community Hospital. I worked as a RN Supervisor for 7 years, in Medical Records as a Coder, and then traveled. I have 4 daughters (2 are RNs: 1 in Critical Care, 1 as Manager of OP Surgery), plus grandkids, and great grandkids."

Charlotte (Munn) Driskell
8130 E. Torin St.
Long Beach, CA 90808
(562) 430-3133

"I'm married. Did local hospital work. Have kids and grandkids. Living in Indiana. Fondly remember a 40 year reunion trip to Baja with my classmates. Had a great time (at CHSN)!"

Joyce (Gillespie) Hodel
3342 Briar Ridge Road
Columbus, IN 47203
(812) 372-6594

"After my last rotation at the Brentwood, I joined the staff there. I'm married, with 3 kids, 8 grandkids, and 1 great grandkid. Stopped working 16 years ago, but restarted working PT at Whittier Presbyterian in the Lab, and GI nursing for 12 years. Cared for my mom (Class of 1929 alumni)."

Mirian (Wekel) Linnes
9919 W. Solejar Drive
Whittier, CA 90603
(562) 691-5263

For other questions, contact: Claudia Stiver (Director)
620 N. Colfax St.
La Habra, CA 90631 (562) 691-1939

“Worked ER in Palm Springs, Radiology at Eisenhower Imaging Center for 13 years. I’m married, no kids, but 2 dogs.”

Donna (Hansen) Jones
1850 San Clemente
Palm Springs, CA 92262
(760) 327-2840

“I’m widowed. I’m 1 of 3 who worked at California Hospital in Surgery for 3 years. Have been retired for the last 10 years. Got a degree at Fresno, now working in the National Park Service.”

Joan (Kroeger) Ducker
26128 Road 118
Tulare, CA 93274
(559) 668-0728

“Worked a Surgical floor for 1 year at California Hospital. Worked an ENT Office for 2½ years. Worked at Orthopedics Hospital for 1 year. Got the call from Barbara Jury, and became a Clinical Instructor at CHSN in OR/PACU for 6 years. Met my husband and moved to Northern California (been there for 38 years). Worked a local hospital doing personalized service. Retired for 5 years. I have 2 daughters, 1 grandkid. I would do it all again!”

Selma (Busdecker) Gregg
12936 Banner Lava Cap Road
Nevada City, CA 95959
(530) 273-9625

“I remember working for 3½ years at Moore-White Medical Group for \$300/month. I moved

over to the VNA for \$40 more, and then to the Red Cross for \$10 more/hour. I own my own business (Imaging Consulting). I remember glass syringes, and using pumice stones to sharpen the needles.”

Gretchen ?? *Didn’t catch her name??*

“I married before graduation with special permission from Miss Nichols (my husband was in the Air Force). I worked in Labor & Delivery in Fontana, and a Nevada Clinic. Then worked in San Diego for 30 years (10 more in L & D). Returned to school at San Diego State University in Grossmont. Went to the new VA in La Jolla, as a manager in Med-Surg. Applied at UCLA/Kaiser as an RN Practitioner. Now retired and RV’ing with my husband. Settled in Texas for 11 years. Have 3 grandkids and 2 daughters.”

Myrna (Baker) Ford
990 Elk Loop
Sequim, WA 98382
(360) 683-2969

“Went to San Diego to open Sharp Hospital. Met my husband. Worked Labor & Delivery for \$250-300/month. Moved to Fresno, worked L & D, then MD offices, then the IRS Fresno’s Health Unit, retired, and then worked for the Blood Bank. Retired in 1995, RV’d to Arizona and stayed. Now I travel in the summers and live in Arizona in the winters. I have a daughter on the West Coast, my other daughter (husband’s in the military) moves around.”

Janice (Dusen) Hudson
3213 W. Main #408
Rapid City, SD 57702
(209) 877-7030

“Helped Sharp open (lived in San Diego). Moved to Iowa. Worked for \$101/2 weeks of Nocs. Worked with Barbara Jury at California Hospital School of Nursing. Then off work until after 2nd son (11 years). Took a Refresher Class for 6 weeks. Worked as a substitute instructor for a CAN Class for 6 years. Just retired.”

Charmaine (Sumpter) Hartman
3212 Gallaway Drive
San Diego, CA 92122
(858) 453-2940

“Worked at Kaiser in Southern California, moved to Berkeley. Worked Peds. Married in 1962. Had kids—off work until 1970. Then OR needed RNs, interviewed with the Director of Nursing who asked questions while the supervisor answered the questions! Strangest interview I’ve ever had! Worked Out-patient Ambulatory Care 1974-2000 when I retired. Then my husband died. Carolyn Thibbidoux hired me for 5-6 hours/day every July-February, working for a Vision Program. California Hospital provided a good foundation of nursing. I remember Miss Kitch, who said, “You’ll never make the 3 years—you’re too skinny.”

Ellen Jane McDonald
Unknown address/phone number

“Was the first assistant to Miss Tobin. In Wisconsin, taught at the School of Nursing. After working at California Hospital, went to CH School of Nursing. Made some smart remarks about the 6th floor, Miss Nichols called and challenged me. Worked as Nurse Manager, then as Nursing Supervisor (with

Charmaine). Barbara (Jury) put up with us. Sam Tibbets put up with us. Worked Santa Monica Hospital as the Director of Nursing for 5 years. Worked as Director of Nursing at Eisenhower Medical Center for 15 years (very small hospital, no OB department). Great foundation set (by CHSN). Some of the (CHMC) Head RNs were really mean. It gave us grit and stamina due to the tough start. Have a 7 year old grandniece. No husband. Learned 3 important points: get ready, do the job, clean up. Please offer Charmaine a job! I have no horrible retirement stories.”

Barbara Wohlford
47-705 Monaco Circle
Palm Desert, CA 92260
(760) 568-2376

“Worked at Good Samaritan, Charge RN on Days for 1½ years. Married. Worked as Visiting RN. Worked in a start-up hospital Whittier; worked every department there. Have a daughter (LVN), 2 granddaughters. Took a Refresher Class. Worked SNF for 25 years but retired 2 years ago.”

Eleanor (De Marais) Tetro
13628 Tedemory Dr.
Whittier, CA 90602
(562) 696-8706

“I was a little older than my classmates. Worked in Labor & Delivery for about 2 years. Worked in an MD office for 2 years. Married. Had 3 kids. Missed nursing. My stepmother died suddenly and my dad came to live with the family. Volunteering with the local school class (fun!). School

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nursing job with Torrance Unified School. Worked PACE (student enrichment program). Then after reintegrated, did school nursing. Retired in 1997. Bought 4 doors down from Barbara in Palm Desert. My background in nursing was wonderful, California Hospital experiences terrific. Just spent 3 days of talking and activities with our class, organized by Barbara.”

Joan (Reynolds) Krause
 44725 Monaco Circle
 Palm Desert, CA 92260
 (760) 568-1962

Update Summary from the Class of 1956:

22 graduated, 3 have changed addresses from Earth to Heaven, and 19 are still here. 13 of us were able to get together in Palm Desert prior to the Homecoming 2006. If there was a theme for our reunion, it was “It Seems Like Yesterday”. We had a wonderful time reminiscing and catching up on 50 years of our lives. Most of the group stayed at the Holiday Inn and spent each morning talking fast and furious during the continental breakfasts. We also managed several outings, which included The Living Desert, the Palm Springs Follies, and a Covered Wagon Tour. The Homecoming Luncheon was wonderful. The introductory presentation was so well done and we enjoyed seeing ourselves on the big screen, as young graduates. It wasn’t easy to say goodbye but the time we had together was precious.

Sent in by Barbara Wohlford and Joan Krause.

Finally, Door Prizes were distributed to the following attendees:

\$50 Williams-Sonoma Gift Certificate

Lisa Walth Schwartz

Patricia (Varnum) Ward, Class of 1952

Commemorative 1926 Brick

Marlene Overbeck, Class of 1960

Bette Heinze, Class of 1958

Sue (Hostetler) Leighton, Class of 1962

Copies of *The Lantern of Hope*

Sandra (Patterson) Rost, Class of 1966

Grace (Kakuta) Mizuno, Class of 1955

Coy (Randolph) Subic, Class of 1960

Ann Alcares, Class of 1984

Angelique Weathersby, Class of 1981

Handmade Scarf (by Barbara Jury)

June (Brown) Rindlesbacher, Class of 1955

Pink Chrysanthemum potted plant & 2 pot holders

Barbara (Berg) Phillips, Class of 1960

Movie: "End of The Spear"

Mart Green's (the producer) interest in making the film, and a documentary which preceded it came as a result of an experience 8 years ago when he witnessed something that moved him greatly. On a trip to Guatemala, he watched a man receive a Bible for the first time. "This guy waited 40 years to get his Bible and he wept and wept. The man's tears left an indelible mark." About that same time, Green listened to a tape about the 5 missionaries who were killed in 1956. They were Jim Elliot, Pete Fleming, Ed McCully, Nate Saint and Roger Youderian. In the tape, one of the tribesmen who took part in the killings, Mincaye, said: "We acted badly—badly until they brought us God's carvings. Now we walk his trail." From the outset, Green wanted to tell the story about what happened to the six tribesmen who killed the missionaries. So Green and a small team, including Steve Saint—the son of Marj and Nate Saint-- flew to Ecuador in October 1999. They lived with the tribesmen 4 days and tried to establish a bond. But the leaders initially rebuffed their overtures. Steve Saint told the Waodani church leaders about the recent happenings of the Columbine tragedy in the US. "Do you mean kids went in and shot others down for no reason?" they asked. "...hating and killing? That's how we used to live. If our story can help others in North America then we want you to tell our story."

Marjorie Saint VanDerPuy was widowed by the death of Nate Saint at the hands of the Auca Indians of Ecuador in 1956. She and her second husband, Abe VanDerPuy, both recently deceased, most recently served with Missions Broadcast of

Back to the Bible. VanDerPuy previously served as a missionary in Ecuador, broadcaster, and leader of HCJB World Radio. The story of what happened at Palm Beach, where the five men were killed, has impacted lives all over the world to this day. The world has also been watching the lives of those who were left behind—the widows and their children.

Marilou McCully with her children Steve, Mike and Matthew, ran a mission home for children attending school in Quito, whose parents were missionaries in the jungle. Barbara Youderian, with her children Beth and Jerry returned to their mission station at Macuma among the Shuar (Jivaro) people, later coming to Quito to be a dorm parent. Marj Saint served as a nurse at the Voice of the Andes Hospital in Quito, while bringing up Steve, Cathy and Phil. Ten years after Nate died; Marj married Dr. Abe VanDerPuy, continuing in the worldwide ministry he was active in. Betty (Elisabeth) Elliot continued serving among the Quichuas in Shandia. At the end of 1957, Mintaka, who had met the five men on Palm Beach and another woman, came to teach Elisabeth the Wao language. In 1958 Elisabeth, her 3 year old daughter Valerie, and Rachel Saint, Nate's sister, entered Waorani Territory. This made a great impact on the Waorani people. She became a world renowned speaker and author. Olive Fleming returned to the US and married again later. Olive visited the Waorani with her husband and daughter Holly and has written a book, 'Unfolding Destinies'.

The movie, now playing in theaters, is based on the book "End of the Spear" by Steve Saint. Other books about the martyred missionaries to Ecuador are "Through Gates of Splendor" by Elisabeth Elliot and "Jungle Pilot" by Russell T. Hitt.

California Hospital School of Nursing
Alumni Association
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Los Angeles, CA 90009

**ADDRESS SERVICE
REQUESTED**



Homecoming 2007 is coming...Saturday, April 14, 2007

Submissions for the next issue of *The Pulse* can be sent in to the PO Box (see above) or via snail mail to:

Mary Ann Hayase
7050 Kittyhawk Avenue
Los Angeles, CA 90045
(310) 216-1586
uniasian@excite.com

Please include your name (including maiden name), graduating class, mailing address and phone num-

ber (if desired). Please print/type submissions clearly.

*Next issue's submissions are due: **June 9, 2006**.

**Start making plans for Homecoming 2007 now!
Get your classmates involved/addresses updated!**

**Honored Classes for 2007 are: the Class of 1982 (25 years)
the Class of 1957 (50 years)**